

The Association for Spirituality and Psychotherapy (ASP)

A Non-Profit (501c3) Corporation

250 West 57th St., Suite 501, NYC 10019 www.psychospiritualtherapy.org email: cspofnlp@optonline.net 516 829-5027

ANNOUNCES

The 2011-2012 Course: Developing a Spiritually Informed Approach to Psychotherapy and Counseling

Register for the Monday Night Year-Long Program Certificate of Completion Program & receive NASWNY CEU credits upon approval

This course offers an in-depth exposure to psycho-spiritual theory and method. In addition, the process/project class provides a coherent structure intended to help each student develop a personal perspective regarding spiritually informed therapy.

Course Faculty	<i>ASP therapists and counselors experienced in a variety of spiritually-informed orientations</i>
Monday Nights Sept. to June 7:30 to 9:30 PM	<i>Throughout the year 6 different Modules meet on Monday nights for 4 weeks each for 2 hours a night: A process/project class meets after the conclusion of each module for 2 hours.</i>
Tuition	<i>\$1850 64 plus contact hours – 10% OFF FOR ASP MEMBERS</i>
NASWNY CEU’s	<i>Upon NASWNY Approval: Student’s will Receive NASWNY CEU credits for every contact hour and a Certificate of Completion.</i>

Developing a Spiritually Informed Approach to Psychotherapy and Counseling offers the participant a unique program for personal and professional growth in a community of experienced teachers and like-minded fellow students.

Teaching Philosophy:

The Association’s teaching philosophy is based on the belief that spirituality is necessary for psychological healing. ASP is dedicated to deepening our students’ inner spiritual awareness to enable healing to take place for both themselves and the patients with whom they work. We believe that a spiritually informed therapy, while addressing common presenting problems, can be maximally beneficial for the individuals who seek our help. ASP is committed to helping students work in a more effective, fulfilling way with individuals, couples, families and groups.

Who should take this Course?

We invite analysts, psychotherapists, counselors, and other psycho-dynamically oriented healing arts practitioners and ministers as well as individuals who have a spiritual and psychodynamic orientation to register for these programs.

General Learning Objectives

Through a variety of psycho-spiritual approaches taught by our knowledgeable Faculty-Therapists; the following are our teaching goals.

- Provide a spiritual perspective on working with psychological issues such as depression, anxiety, addiction, somatic problems and relationships, as well as casting “spiritual light” upon them.
- Develop “spiritually-informed therapists” by providing sound theoretical bases and learning experiences that will broaden perspective and increase skills in psycho-spiritual diagnosis, treatment, therapeutic presence and listening.
- Provide opportunity for psycho-spiritual growth as it relates to personal and professional development
- Offer a professional community.

Teaching methods will include

- Relevant meditations
- Relevant Supportive Psycho-spiritual Readings
- Didactic presentation of theory, method and technique
- Case discussions
- Experiential exercises including practice therapy sessions
- Process papers including the development of personal perspectives on spiritually informed therapy.
- Project and Class Presentations.

Monday Night 7:30 to 9:30 PM	Monday Night Course Title	Monday Night Instructor	Monday Night Course Description
9/12, 2011 7:30 PM to 9:30 PM	Process/Project 7:30 PM to 9:30 PM	Diana Kerievsky, LCSW & Kelly Murphy Mason, Psy.D., M.Div., LCSW	Process/Project: This class offers students the opportunity to experience a group setting which supports exploring and sharing spiritual experience, doubts, questions and practice in the context of "Integrating Spirituality." As part of the group process, each student will identify research and develop a class presentation on a topic of particular interest. Ms. Kerievsky and Dr. Mason will facilitate each process project class for the year.
9/19, 9/26, 10/3, 10/17, 2011 7:30 to 9:30 PM	Integrating Spirituality and Psychotherapy	Sam Menahem, Ph.D	Cognitive-Behaviorism, Psychoanalysis, Humanism and Transpersonal theories will be compared and contrasted with clinical examples. How Karen Horney and the "Pathwork" material are used to integrate prayer into psychotherapy. Understanding and using the "law of attraction" will be explored along with the secret behind "The Secret." The psychodynamics, metaphysics, and practical applications of "The Course in Miracles" will be explored.
10/24, 2011 7:30 to 9:30 PM	Process Project	Kerievsky, & Mason	Integration of Course Material through Group Process. Discussion of student projects for Year End Presentation.
10/31, 11/7, 14, 21, 2011 7:30 to 9:30 PM	Existential Metapsychiatry: A Cognitive Spiritual Therapy	Bruce Kerievsky, AB & Diana Kerievsky LCSW-R	"Metapsychiatry", is a psycho-spiritual therapeutic method, created by Thomas Hora, M.D. It teaches how to discern one's "Mode of Being In the World," i.e., what secret values we cherish, hate and fear by utilizing the "Two Intelligent Questions:" "What is the meaning of what seems to be?" & "What is what really is?" For more information visit www.meaningandtruth.com
11/28/11 7:30 to 9:30 PM	Process/Project	Kerievsky, & Mason,	Integration of Course Material through Group Process. Discussion of student projects for Year End Presentation.
12/5, 12, 19, 1/02/12 7:30 to 9:30 PM	Hypnosis, Meditation & Spirituality	Susan Lee Bady, LCSW, BCD	This didactic & experiential workshop will explore similarities and differences between hypnosis, self-hypnosis and meditation We will learn how knowledge of each can enhance our healing and spiritual capacities, with special emphasis on hypnosis.
1/09/2012 7:30 to 9:30	Process/Project	Kerievsky, & Mason	Integration of Course Material through Group Process. Discussion of student projects for Year End Presentation.
1/23, 30, 2/6, 2/13 2012 7:30 to 9:30 PM	On Being and Becoming Whole	Lynda Klau, Ph.D	When we as mental health professionals combine mindfulness, neuroscience, and new relationship research, a synergetic approach emerges. Several questions arise relevant to integrating psychotherapy and spirituality: <u>How does mindfulness contribute? How can we include the body? What does "brain-wise" neuroscientific knowledge add? What qualities can we develop to facilitate relationships that heal?</u> These and other questions inform this learning module, which draws from personal and professional stories as well as exercises and discussion.
2/27/2012 7:30 to 9:30 PM	Process/Project	Kerievsky, & Mason	Integration of Course Material through Group Process. Discussion of student projects for Year End Presentation.
3/5, 12, 19, 26, 2012 7:30 to 9:30 PM	Twelve-Step Spirituality and the Recovery Process	Kelly Murphy Mason, Psy.D., M.Div., LCSW	How can we explain the powerful influence that Twelve-Step programs have on the American psyche? What is meant by "recovery" and what, precisely, is being recovered? AA and other Twelve-Step recovery groups insist that theirs is a "spiritual, not religious" program. Through readings, discussions, and experiential activities, students will deepen their understanding of that important distinction. In this class, we will also gain a greater appreciation of the psycho-spiritual components involved in addictions and compulsions.
4/09/2012 7:30 to 9:30 PM	Process Project	Kerievsky, & Mason	Integration of Course Material through Group Process. Discussion of student projects for Year End Presentation.
4/16, 23, 30, 5/07, 2012 7:30 to 9:30 PM	Psycho-Spiritual Energy Therapy: A Cohesive Model for Integration	Mary Marino, Ph.D.	This class will present a model for integrating any of the systems of psychotherapy with any singular or combination of spiritual approaches. It will include findings from the perennial philosophy of the East and West, the new brain scan studies, the new physics, and energy psychology to create a synergetic and unified approach to psycho-spiritual therapy.
5/14/2012 7:30 to 9:30 PM	Process Project	Kerievsky & Mason	Integration of Course Material through Group Process. Discussion of student projects for Year End Presentation.
5/21, and 6/04, 2012 7:30 to 9:30 PM	Class Presentation	Kerievsky & Mason	Class project presentation and group process with the CSP faculty of the yearlong psycho-spiritual experience.
6/11/12 Last Class	Graduation		Students and CSP Faculty

BIOGRAPHIES OF THE 2011/12 FACULTY

Susan Lee Bady, LCSW, BCD, is trained in psychoanalytic psychotherapy, EMDR and hypnosis. She is past-President and on the Faculty of the New York Society of Clinical Hypnosis. Ms. Bady is trained in psychoanalytic psychotherapy, EMDR and hypnosis. She is the Past President of the New York Society of Clinical Hypnosis, an Approved Hypnosis Consultant with the American Society of Clinical Hypnosis and past Director of the Hypnosis Institute of the Park Slope Center for Mental Health. Ms. Bady has been meditating with the New York Insight Meditation Society for the past 15 years. She is in private practice in Park Slope Brooklyn. Visit www.susanleebady.com

Diana Kerievsky, LCSW, An analyst and Research Associate of Thomas Hora, M.D., for 30 years; Dr. Hora was the founder of the New York School of Metapsychiatry. He integrated existential psychoanalysis with his studies in Zen Buddhism, Judeo-Christian teachings and other wisdom traditions. Diana's practice is in Great Neck, NY. She is the Curriculum Chair for the Association for Spirituality and Psychotherapy's One Year Program "Developing a Spiritually Informed Approach to Psychotherapy and Counseling" and is a faculty member as well. She has been published on group psychotherapy and conducted research on therapists' willingness to explore spirituality with their patients. To learn more about Diana visit www.meaningandtruth.com and Metapsychiatry, www.pagl.org

Bruce Kerievsky, A.B., was an analyst and student of Thomas Hora, M.D., for 30 years. He was the editor of "Beyond the Dream" by Dr. Hora and has edited other books published by the PAGL Foundation. Bruce's article, "Metapsychiatry and the Elusive Truth of Being," was published in the Journal of Religion & Health in the spring of 2000 and "The Phenomenology of Rooting" in its fall 2010 edition. He is the editor of ASP's Psycho spiritual Dialogues. Bruce is the Treasurer of the PAGL Foundation and is on the ASP Board. Bruce is also the President of K2 Consulting Enterprises, a computer-consulting firm in Great Neck, NY. He is the Webmaster for www.PAGL.org, and www.PsychoSpiritualTherapy.org. To learn more about Bruce visit www.MeaningAndTruth.com

Lynda Klau, Ph.D. Lynda Klau, Ph.D. licensed clinical psychologist, coach and speaker has worked for over two decades with individuals and organizations as an integrative spiritual therapist, coach and holistic business strategist. A professional public speaker, and published author, Dr. Klau conducts workshops nationally and internationally and has appeared on radio and television. She is currently on the board of GAINS: The Global Association for Interpersonal Neurobiology. She has been a board member of The Spirit of Work, and a former tenured Assistant Professor of Clinical Psychology at Ramapo College in New Jersey. Her unique set of skills and cutting edge tools for transformation (various forms of: meditation, voice and breathe work, guided imagery, body therapies) form the foundation of her company Life Unlimited: The Center for Human Possibility. Her practice is based in New York City, where she lives. Visit www.drlyndaklau.com

Mary Marino, Ph.D., Mary Marino is a licensed psychologist practicing in NYC for over 25 years. She is a practicing Buddhist who integrates spiritual teachings and meditative practices into her therapeutic work with clients. She has taught courses in meditation and the development of intuition, Energy Psychology healing methods and dream analysis and interpretation using a Jungian symbolic approach in addition to her full time clinical private practice. She has traveled extensively in Indonesia studying the spiritual and shamanic practices of indigenous healers.

Kelly Murphy Mason, Psy.D., M.Div., LCSW, practices privately in New York City as a clinical pastoral psychotherapist. The former director of Pastoral Care & Counseling Programs at the Blanton-Peale Institute, Dr. Mason is now the Curriculum Co-Chair for the ASP Year-Long Program as well as the current ASP Vice-President. She serves as an affiliate clinician with the Trauma Program at the National Institute for the Psychotherapies and is also a responder with the Unitarian Universalist Trauma Response Ministry. Dr. Mason has published numerous articles in the popular press and in the *Encyclopedia of Psychology and Religion*, writing on such topics as "The Sacrament of Gratitude" and "Story as Scripture, Therapy, and Ritual." An ordained minister, she lectures and preaches throughout metropolitan New York, where she acts as a mental health consultant to various faith groups; further information is available through her Web site, www.kellymurfphymason.com.

Sam Menahem Ph.D. is Past President of the Association for Spirituality and Psychotherapy (ASP). He is a practicing psychologist in Fort Lee, N.J., an adjunct professor at Columbia University and the author of two books; "When Therapy Isn't Enough," and "All Your Prayers are Answered." www.drmenahem.com

REGISTRATION FORM

PLEASE STATE YOUR LEARNING OBJECTIVES FOR THIS COURSE ON A SEPARATE SHEET OR THE BACK OF THIS FORM.

PLEASE NOTE THE FOLLOWING IMPORTANT DETAILS:

- **Course fee for 2011-2012 year is \$1,850. (10% OFF TUITION FOR ASP PROFESSIONAL MEMBERS, OR \$1665) *****
- **All Payments are made to ASP.**
- **\$200 Deposit Due by 8/15/10. ASP will retain \$50 Administration fee if deposit is returned.**
- **Full payment due less deposit by 8/29/10 or 50% due by 8/29/10 and 50% of the balance due six weeks later (a letter of commitment to pay final balance will be required upon receipt of the initial 50%).**
- **50% refund, less deposit, of tuition before first class begins. No Refunds after class begins.**

PLEASE COMPLETE THIS FORM AND MAIL IT IN: ** IT IS IMPORTANT THAT YOU PRINT CLEARLY

NAME _____ Degree _____

ADDRESS _____

CITY, STATE, ZIP _____

DAY PHONE _____ EVENING PHONE _____

EMAIL: _____ Website _____

___ I AM REGISTERING FOR THE ONE YEAR PSYCHOSPIRITUAL COURSE (64 contact hours)

PAYMENT METHOD: __ CHECK __ MONEY ORDER__ CREDIT CARD: MAKE CHECKS OR MONEY ORDER TO ASP

MASTER CARD # _____ EXP. DATE _____ SEC CODE: _____ SIGNATURE _____

VISA # _____ EXP DATE _____ SEC CODE: _____ SIGNATURE _____

AMEX # _____ EXP DATE _____ SEC CODE: _____ SIGNATURE _____

*****Yes I want to become a Professional Member of ASP at the \$70 rate. Enclosed is my membership dues & form. (VISIT: www.psychospiritualtherapy.org and click on the membership link. Print and fill out the form and include a check or credit card details. Membership can be paid online using PayPal and/or as a guest of ASP. Mail your dues to the address below or fax it to 516-829-2132.**

MAIL REGISTRATION FORM TO: ASP c/o Diana Kerievsky, 7 Arrandale Avenue, Great Neck, NY 11024
Or FAX it to 516-829-2132

Questions: CALL Diana Kerievsky, LCSW, Curriculum Chair, 516 829-5027; Or Kelly Murphy Mason, Psy.D. M.Div., LCSW, Curriculum Co-Chair at 212-947-7111 * or email aspspiritandpsych@gmail.com

*NO I CANNOT ATTEND THE COURSE BUT PLEASE PUT ME ON YOUR MAILING LIST:
Fill out the Form Below.*

Please Print Clearly and mail it to the address above: Attention: Diana Kerievsky, LCSW, Curriculum Chair

NAME _____ Title _____ Degree _____

ADDRESS _____ City, State, Zip _____

PHONE _____ Email: _____